



# America Sews

## *with Sue Hausmann®*

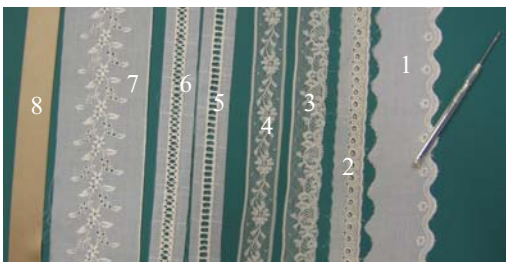
### 2606 Heirloom Sewing Techniques by Serger with Jody Hooker

Jody Hooker is a Husqvarna Viking Martha Pullen Heirloom Teacher and travels the United States teaching serger heirloom classes. Jody has also produced several patterns & CD's

This beautiful project is a pillow made from “fancy bands”. In heirloom sewing, a fancy band is a combination of strips of fabric and laces. The pillow uses linen and laces. The zipper can also be put in with the serger.

Trims: Select all cotton laces. This makes a big difference in the finished garment. Polyester can yellow and be stiff looking. Pictured below: (1) Victorian edging with scallops. (2) Narrow edging laces. (3) Cotton edging laces. These are edging lace because one side is “pretty” and the other is straight or plain, intended to be inserted into a seam. (4) A matching lace, but is an insertion lace because it is “even” or the same on both edges. It is intended to be inserted between two other laces or fabrics. These two laces have a header which is a straight thread that can be used to gather or shape the lace. (5) and (6) are Bridging laces. They can be a ladder (5) or criss cross (6). Weave ribbon through the open pattern. (7) Embroidery insertion, is a wider, embroidered trim designed to be inserted between two laces or fabrics.

(8) is Silk satin ribbon that will be used to as an insertion and also to make the piping.



Sue Hausmann and Jody Hooker

#### Sewing Supplies:

- Husqvarna Viking Huskylock 936 Serger
- Husqvarna Viking Sewing Machine
- 19” square of Linen for Pillow Front
- Two strips 40” x 2” Linen for Fancy Band
- Huskylock Elastic Foot #21 41 00-407
- Basic Heirloom Serging with Jody Hooker
- Pillow Sham and Bedside Caddy Pattern
- 40” each of Beading Trim, Insertion Lace, Edging Lace, Bridging Lace, Eyelet Lace (see below)
- 40” of 2” wide Silk Satin Ribbon to make piping
- 40” of 2” wide Silk Satin Ribbon for Fancy Band
- 40” of 1/4” Silk Satin Ribbon to lace through Ladder Trim
- Polyester cone thread
- 40 Wt. Rayon threads in upper looper,
- Robison Anton Cotton Threads on Mini Cones
- 18” Pillow Form
- 20” long Nylon Zipper
- Left Edge Topstitch Foot #412 78 42-45

Note: You can embroider your own embroidered insertion or purchase it. There are several Husqvarna Viking collections such as Italian Romance #64 for the endless Embroidery Hoop

## Let's Serge:

1. Begin by setting your serger for rolled edge according to your Sewing Advisor ®. Set the stitch length to 2.0. Use the recommended rolled edge tension settings.

2. Look for lines on the toe of the foot for the guide. They indicate where the needle is. You want to place your ladder bridging in your serger so that the needle will stitch right next to the ladder stitching. Place the



ladder trim on top of the ribbon. Stitch the ladder to each side of the silk ribbon with the rolled edge stitch. This Huskylock stitch is fabulous for heirloom sewing because it stitches a rolled and whipped seam quickly and trims away any excess fabric for a beautiful, neat and professional seam.

2. Next, attach lace to the fabric. Never put the lace against the raw edge of the fabric. Always have some fabric "sticking out" to the right of the lace. Always



have the lace on top. The foot has a "wall". The needle is slightly to the left of the wall. The header edge of the lace should align with the wall. The excess fabric will be cut off.

3. Next, make cording/piping. One Huskylock Piping foot has 3.0 groove on the underside for smaller cording and another has 5.5. That is the size of the grooves on the bottom of the feet. Jody uses the 3.0. Fold satin ribbon around the cord. Change to three thread narrow overlock. Stitch the piping.

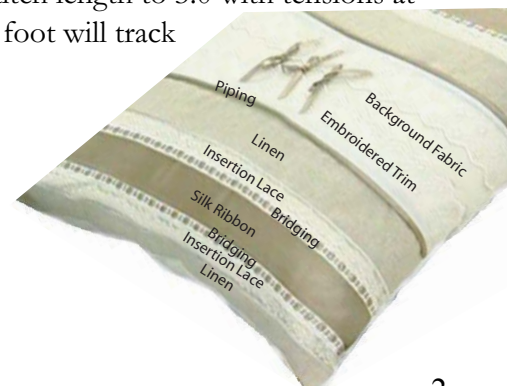


4. Now sandwich piping between the edging trim and



fabric. Three thread narrow will still be chosen, but lengthen your stitch length to 3.0 with tensions at normal. Piping foot will track the cording.

5. Join all the pieces of the fancy band following the photo.





6. Cut the fancy band in half to create two 20" long pieces. Place half on each side mirroring one so the wide lace edging faces the opposite side. Place this fancy band piece onto the right side of the 19" square of linen leaving a space between the edging pieces in the center.

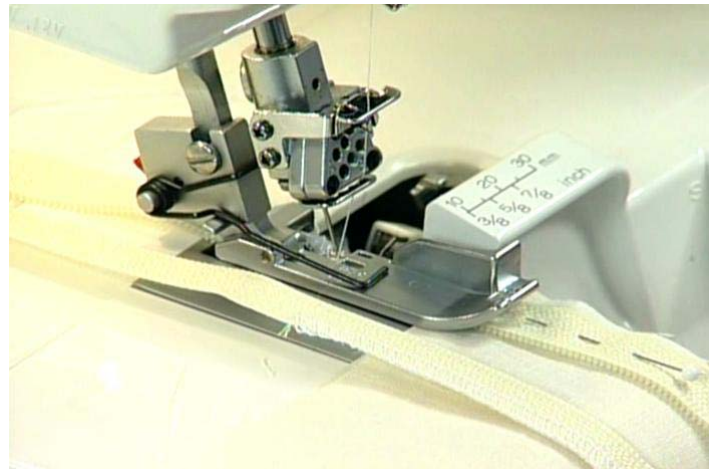


7. Next, make the pillow back. Cut one piece 4 1/2" x 19" and one piece 19" square. Continue using the three thread narrow overlock. Snap on the 5mm piping foot for the zipper.

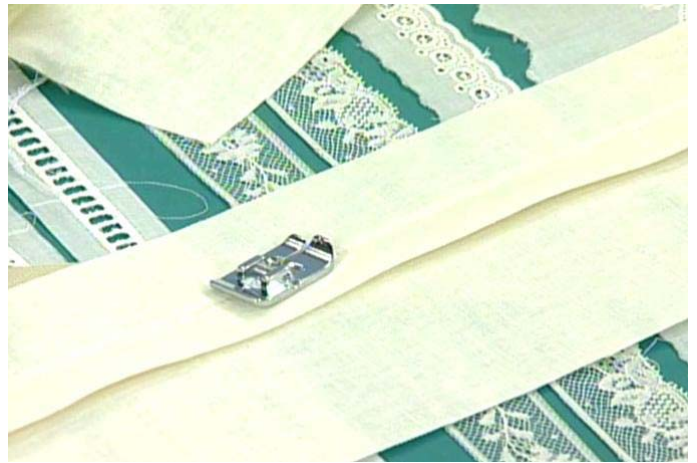
8. Use a nylon zipper at least 4" longer than the size of the pillow. Open the zipper. Place the right side of the zipper to the right side of the 19" edge of the 4 1/2" wide fabric strip with the zipper teeth in the groove on the bottom of the foot. Pin to align the two sides. Cut a notch in the zipper past the end of the fabric so you can put it under the serger foot against the cutter in the machine.



9. The zipper teeth will follow in the groove on the underside of the foot. You may need to help it a bit, go get it started. Have fabric slightly to the right of the zipper teeth. Repeat to sew the other side of the zipper to one edge of the 19" square.



10. Place the pillow back right side up on the ironing board. Fold about 1/2" of fabric over the zipper teeth to create a lapped zipper and topstitch on your Husqvarna Viking sewing machine using the Left Edge Topstitch Foot. Cut your back down to a 19" square.



11. Run ribbon through the ladder bridging on the fancy band.

12. Place top and back right sides together and open the zipper. Stitch all the way around. Zipper ends will be caught in the stitching. Turn right side out and insert pillow form.



## 2606 Quick Project

### Applique a Designer Sweater with Lynn Lunoe

A simple sweater makes a fashion statement when you add geometric appliqués. It is easy and fun, and you can add other shapes and motifs to make an ordinary sweater extraordinary! Lynn Lunoe joined Sue to show you how!



Sue Hausmann and Lynn Lunoe

#### Preparing the Fabric:

1. Fuse wool scraps onto a piece of Fusible No-Show Mesh Stabilizer. Cut a variety of geometric shapes from the wool. Cut different shapes from different colors.
2. On the wrong side of the sweater, fuse a piece of Fusible No-Show Mesh Stabilizer to the area where you will be appliquéing the shapes onto the sweater.
3. On the right side of the sweater, arrange the shapes, overlapping the corners of the shapes to create a design. Pin shapes in place or use a temporary spray adhesive to secure them in place.
4. You can mark the placement of the shapes using a water soluble marker, if you prefer.

#### Sew:

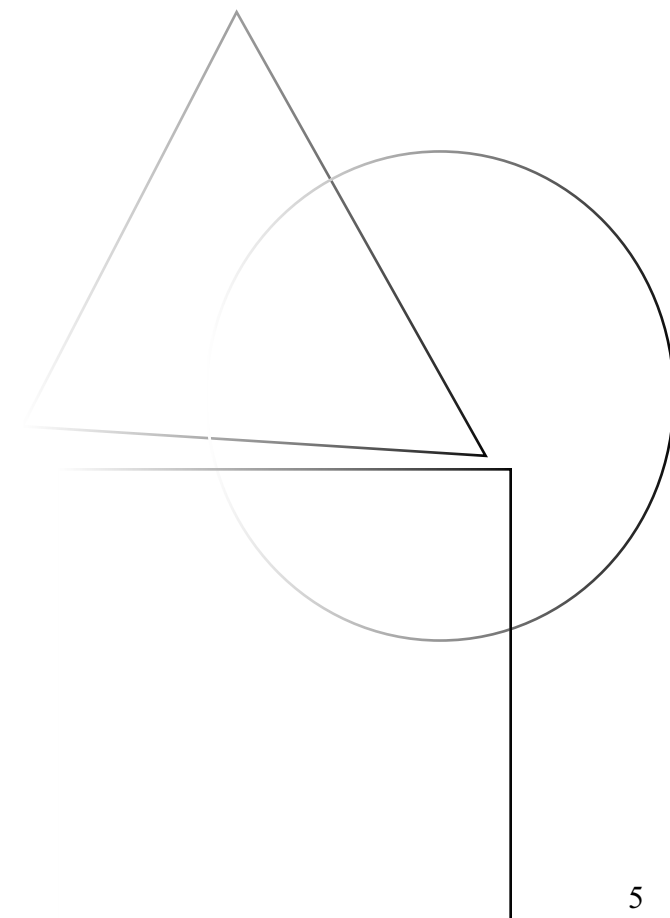
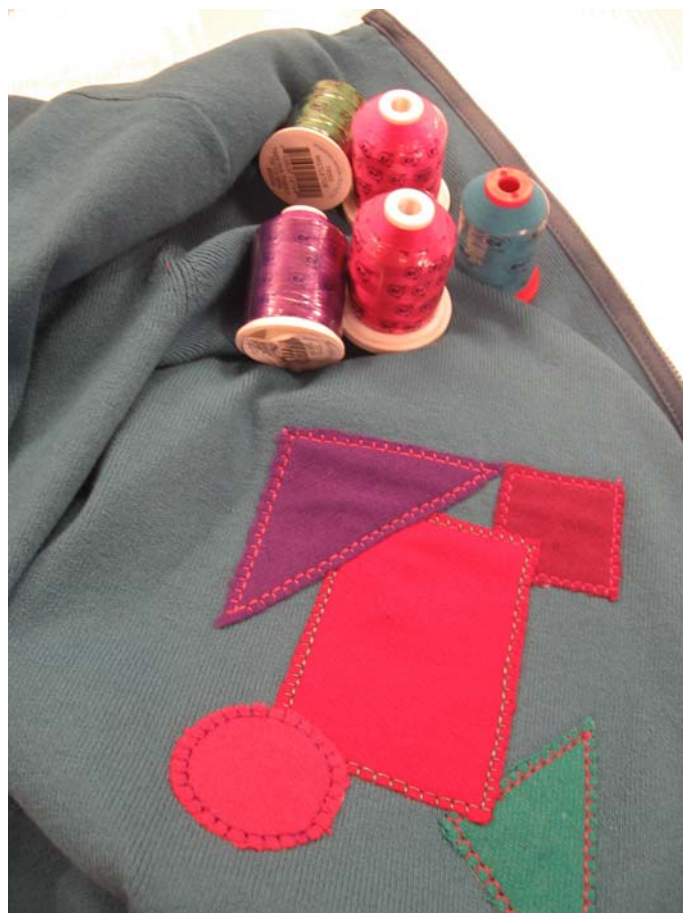
1. Wind a bobbin with Robison Anton Super Poly sewing thread to match the sweater and insert bobbin in bobbin case. Insert Inspira Universal needle size 80/12. Thread the sewing machine with Robison Anton rayon thread on top. Snap on the Open Toe foot. Select Needle Down. Select D1:6 or a similar appliqué stitch. You may adjust the width to get the effect you want.
2. Select a Robison Anton Rayon thread color to contrast or compliment the color of the geometric shape.

#### Sewing Supplies:

- Husqvarna Viking Sewing Machine
- Fusible No-Show Mesh Stabilizer #140000939
- Tear-A-Way Light Stabilizer #141000820
- Open Toe Foot #412800945
- Robison Anton Rayon thread in a variety of colors
- One spool Robison Anton Super Poly sewing thread to match fabric
- 3.0/90 Inspira Twin Needle #620074196
- Universal 80/12 Inspira Needle #620070396
- Quilt Guide (included with most Husqvarna Viking Sewing Machines)
- Variety of colors of wool, cut into geometric shapes
- Purchased sweater
- Optional: Temporary Spray Adhesive
- Water soluble Marker -blue #140000253
- Inspira Universal Needle Size 80/12

3. Place a piece of Tear-A-Way Light stabilizer under the design area on the wrong side of the sweater.
4. Starting with the shape at the lowest place in the design, line the raw edge of the shape up with the red mark in the center of the Open Toe Foot. Begin sewing.
5. As you approach the corner of the shape, select STOP so that the stitch is complete at the corner. With the needle down, pivot, and resume sewing. Touch the STOP button again to turn off the STOP function and sew to the next corner. When you are finished sewing all sides of the shape, select FIX to tie off, and the Selective Thread Cutter.
6. Change the thread color to contrast or compliment the next shape in the design. Sew as you did with the first shape, using the STOP feature and needle down to pivot at the corners.
7. When sewing a round shape, use the STOP feature for each stitch. When the machine completes the stitch and stops with the needle down, turn the fabric just a bit and stitch the next stitch as you go around the curved edge. The stitches will conform perfectly to the round edge.
8. Once you have sewn around all the shapes, carefully remove the Tear-A-Way Light Stabilizer. Trim away the excess Fusible No-Show Mesh.

Have fun wearing your one-of-a-kind sweater!



Thanks to the Underwriter  
of our Quick Project:



[www.robisonantonthread.com](http://www.robisonantonthread.com)